

Year 1-6 *Key stages 1-2*

Active Lives

Children and Young People survey

Understanding pupils' levels of participation and attitudes to sport and physical activity to help them move more.



Simple steps



For further information please contact your [Active Partnership](#), or read [our latest report](#)



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Select classes

1. Your Active Partnership will tell you which year groups have been selected – it'll either be two or three.
2. List each selected year group's classes in alphabetical order based on teacher surname (or class name).
3. Select the **first** class in the list for each selected year group. These classes will complete the survey. **One class per year group.**
4. Your Active Partnership will send you the URL links to access the survey – one per class.

** Classes should be mixed ability and when applicable they should also be mixed gender. If all classes are mixed year groups, both year groups can complete (excluding Reception). For further information and help, please contact your Active Partnership.*

Information





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Contact parents

1. Contact parents or guardians of pupils in the selected classes to let them know their child's class has been chosen.
2. If a year 1 and/or year 2 class has been selected contact parents and ask them to take part in the survey.*
3. Letter templates and a parent guide for schools are available below.

** Because of the information collected, parents are asked to complete a separate survey on what activities their children do. One parent/guardian per selected child should take part.*

[Template: Yr 1-2](#)

[Template: Yr 3-6](#)

[Parent guide for schools](#)

[Information](#)





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The survey

1. Test that the URLs work – do not Google the URL.
2. Set a time for pupils to complete the survey at school.
3. Share the information sheets with pupils beforehand.
4. Make sure pupils have the correct URL. You can use lower or upper case.
5. Carry out the survey with the selected classes on tablets or computers.
6. Complete the teacher survey - one teacher per school.
7. Make sure that if a year 1 and/or year 2 class has been selected that parents have been sent their URLs to take part.



Data is collected and processed by Ipsos.

[Information sheet](#)

[Information](#)





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Your rewards

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School Report

You will receive:

A report on your school's data*



Ipsos will email you next term with your report

** Provided at least 30 responses are completed. Response numbers will affect the level of detail in the report.*

Report example:
Yr 1-6 or Yr 3-6

Report example:
Yr 1-2 only

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Equipment Incentive

You will receive:

10 credits (worth ~£100) to spend on equipment[^]

Plus, 1 extra credit (worth ~£10) for every parent response received (selected year 1 and /or year 2 classes only)

ESPO will email you after the end of term to claim your incentive

[^] Provided at least 30 responses are completed. Exceptions apply for schools with fewer than 60 sampled pupils.

Explore the
rewards

Information

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Healthy Schools Rating Scheme

You will receive:

A rating certificate for your school to display.** Issued only as part of the school report

Ratings are calculated based on the teacher response

This is a Department for Education scheme - [further information](#)


*** Provided that the score calculated from the teacher response is enough to award a rating.*



Information 1 of 2



The Active Lives Children and Young People survey is run by Sport England and was developed with the Department for Education, the Department of Health and Social Care and the Department for Digital, Culture, Media and Sport. The study provides Sport England, Government and other partners with a broad and deep understanding of participation in and attitudes towards, sport and physical activity, shaping future policy and investment.

1. Please complete the surveys **by the date set** by your Active Partnership.
2. The survey takes **20 mins to complete**. Pupils need to complete in one sitting. Teachers can complete their survey in more than one sitting if needed.
3. An **audio option** is provided for Year 1 and 2 pupils.
4. You can **view the questions asked prior** to taking part.
 - [Year 1-2 questionnaire summary](#)
 - [Year 3-6 questionnaire summary](#)
 - [Parents of Year 1-2 questionnaire summary](#)
 - [Teacher questionnaire summary](#)
5. The survey contains some **questions on demographics and wellbeing as well as about the pupil's family**. These questions are asked because socioeconomic status can affect children's engagement in sport and physical activity.
6. Children can opt to not answer these questions.
7. **More classes/pupils can take part** over those selected. Please contact your Active Partnership in this instance as different URLs will need to be provided.
8. If you have technical issues accessing the survey **ensure that the URLs have been whitelisted and are not blocked** by school policies. If this does not resolve the issue, please take a screenshot of the issue and contact your Active Partnership.
9.  The data is **collected and processed by Ipsos** on behalf of Sport England.
10. The survey **meets GDPR and data privacy guidelines** and is being conducted in line with the MRS Code of Conduct. Individual pupils and teachers will not be identifiable from the data collected.
 - [Privacy policy](#)



11. It is important that teachers:
 - Fully inform pupils and verbally communicate key information
 - Allow pupils to take part on a different day if they are absent on the day
 - Try to ensure that the Survey is completed under exam conditions
 - Take into account that some pupils may need additional support to take part
12. Whilst DfE guidance advises on the use of device monitoring software on PCs, laptops, or tablets, it should only be used at a high level to see if a pupil is on the survey website. It should not be used to view pupil's responses. To collect reliable, self-reported data it is important to be able to reassure pupils that their answers are not visible to anyone else
13. It is important that pupils know that:
 - They can choose not to take part in the Survey
 - They can answer 'Prefer not to say' for special category data, e.g. ethnicity and disability
14. **Teacher email addresses** are only collated by your Active Partnership for the purpose of emailing your school report and allowing ESPO to contact you regarding your incentive.
 - [Teacher email address privacy policy](#)
 - [ESPO email address privacy letter](#)
15. **ESPO will contact you by email** regarding your incentive after the end of the term in which you completed. Please ensure you have supplied your Active Partnership with an email address (see point 12). [ESPO can be contacted here](#).
16. The **Healthy Schools Rating Scheme (HSRS)** is a **voluntary scheme** run by the Department for Education that uses the responses in the teacher survey to assign schools a rating. [Click for details](#).
17. Pupils with additional needs should be given the opportunity to take part in the survey, either with their mainstream class (if sampled) or separately where they can be given any additional support they may need. If necessary, please consult your SENCO about how pupils with additional needs, and especially from any unit or SRP, can be fully included in the survey. Your AP should also be able to provide guidance.